

HEALTH & SAFETY NEWS



January 2020

"NCA Health & Safety News" provides you with valuable information and assists in your quest to achieve a world-class safety culture. We believe that developing a safe work ethic is a never-ending process that must be part of every business's professional development.

Please do not hesitate to contact the **office** with your input, suggestions or safety questions. We value your feedback!

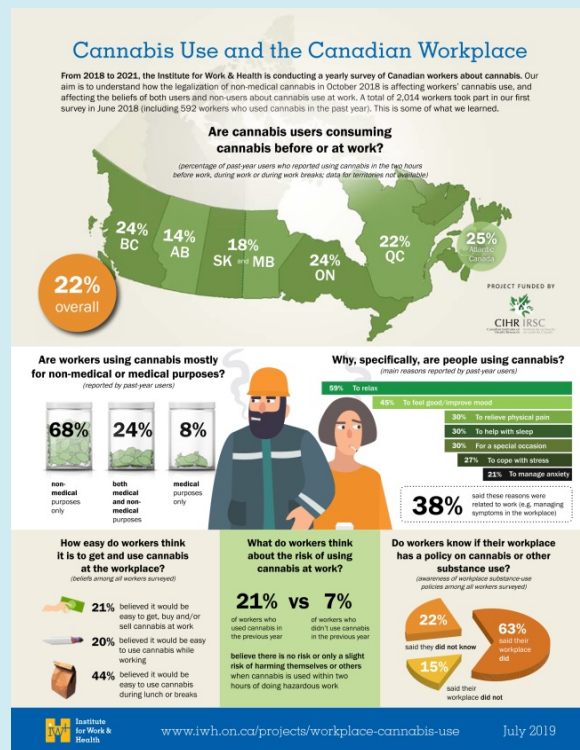


IWH Study Helping Us Better Understand Cannabis Use in Canadian Workplaces

The **Institute for Work and Health** is leading a study looking at cannabis use in Canadian workplaces from 2018-2021. The first pre-legalization survey found that 24% of people using cannabis in BC and Ontario reported using cannabis before or at work. A recent **infographic** outlines the major findings of the June 2018 survey. Stay tuned for findings from the first post-legalization survey.

Details on the study can be found [HERE](#)

(Click the infographic to enlarge or download)



*Fit for Duty
Substance Use Prevention*

In Your Construction Business Course March 10

- * Policy Template Provided*
- * 1 Gold Seal Credit
- * Lunch provided

Instructor: Ellaline Davies, Safety Works Consulting Inc.

Registration / More Info [HERE](#)



NATIONAL NON-SMOKING WEEK - JANUARY 18 - 24, 2020

FREE SUPPORT:

Niagara Region:

Quitting Smoking [HERE](#)

Quit Smoking workshops [HERE](#)

Tobacco Hotline [HERE](#) or 905-688-8248 or 1-888-505-6074 ext. 7393

Smokers' Hotline [HERE](#) or 1-877-513-5333



ICYMI: WSIB "NEW" HEALTH AND SAFETY EXCELLENCE PROGRAM *IMPROVE HEALTH & SAFETY, EARN REBATES & REWARDS*

* FREE INFO SESSIONS *



The WSIB has a NEW Health and Safety incentive program for employers in the province of Ontario. **The Health and Safety Excellence program** is designed to create a safer workplace and save money.

The new program provides a roadmap for businesses to improve workplace safety, whether they are just getting started or want to optimize what they already have in place.

Businesses that are successful in the program will earn \$\$\$\$ Rebates and other non-financial recognition for their investment in health and safety.

Registration for the new program is now open for the 2020 program year.

We will be holding free, 1-hour sessions on:
Wednesday, February 12 at 4:30 pm
Thursday, March 19th at 4:00 pm
Thursday, April 16th at 3:30 pm

Contact to register/info: office@niagaraconstruction.org






LANGUAGE TRANSLATION QR CODES

On many if not most jobsites in Ontario there are persons who have English as their second language. How do safety professionals go about giving instructions to non-English speaking workers? The information in these links includes applications for language translation that have been used with good success on construction sites.

Click the graphic to enlarge and/or download.




The following information was developed by the Niagara Regional Labour Management Health & Safety Committee with the intent of providing information on Occupational Health and Safety. The links and QR Codes can be opened or shared by most mobile devices. It is important to note that this document is for information purposes only and does not constitute or intend to constitute, legal advice or service.

| DESCRIPTION | INFORMATION – LINK AND APP |
|---|---|
| Language Translation Programs: On many if not most jobsites in Ontario there are persons who have English as their second language. How do safety professionals go about giving instructions to non-English speaking workers? The information in these links includes applications for language translation that have been used with good success on construction sites. | EL CHARPP – Construction Safety Trilingual Translation Application https://play.google.com/store/apps/details?id=com.smartwa.elcharpp http://www.elcharpp.smartwa.org/   Google Translate - Translation into 103 languages by typing and 32 languages with two-way speech translation https://play.google.com/store/apps/details?id=com.google.android.apps.translate&hl=en  |

A publication of the Niagara Labour-Management Health and Safety Committee in partnership with the Infrastructure Health & Safety Association

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ICYMI: The Ontario Government Occupational Health and Safety Incentive Program - Explained



BOTTOM LINE

Through the new Supporting Ontario's Safe Employers program and/or Health and Safety Excellence Program, employers may receive recognition of their health and safety efforts and receive Workplace Safety and Insurance

Board ("WSIB") premium rebates if they successfully implement occupational health and safety management systems ("OHSMS").

Read article from Filion Wakely Thorup Angeletti LLP [HERE](#)



FREE Mental Health in the Workplace Workshop Series: Clear Leadership & Expectations

(for details, click to enlarge)

Healthy workplace. Healthy workers.



Mental Health in the Workplace Workshop Series:
Clear Leadership & Expectations

Research shows that there are 13 psychosocial factors that greatly impact mental health in the workplace. Join us as we host a series of free workshops, each focusing on an individual factor to help you learn more about how you can build a mentally healthy workplace.

Visit guardingmindsatwork.ca for more information about the factors.

Wednesday, Jan. 29, 2020
Registration and breakfast: 8 - 8:30a.m. Session starting at 8:30a.m.
Niagara Region Public Health - Niagara Falls office, 7835 McLeod Rd. Niagara Falls

Light breakfast and refreshments provided • Free parking

RSVP by calling 905 688 8248 ext. 7518 or email workplace.health@niagararegion.ca
Register by Thursday, Jan. 23, 2020

If you have any questions, please contact Dan Schonewille at dan.schonewille@niagararegion.ca
Please note: Maximum two representatives per workplace (20-seat maximum)

Niagara Region

*Please note: maximum of two representatives per workplace.

When: Wednesday, January 29, 2020

Time: 8:00AM - 10:30AM

* Registration, breakfast and networking from 8:00AM - 8:30AM

* Session held from 8:30AM - 10:30AM

Where: 7835 McLeod Road, Niagara Falls, L2H 0G5

([directions can be found here](#))

RSVP by calling 905 688 8248 ext. 7550 or email workplace.health@niagararegion.ca
Register for this workshop by Jan. 23, 2020. Spaces are limited.



ICYMI: WSIB Rate Framework Effective January 1, 2020



Effective January 1, 2020, the new WSIB model will change the way businesses are classified, boosting fairness and increasing transparency in how premium rates are set and adjusted.

Transition to the Rate Framework Operational Policy Manual click [HERE](#)

What to expect and key features/details from WSIB click [HERE](#)

For more info: rateframework@wsib.on.ca



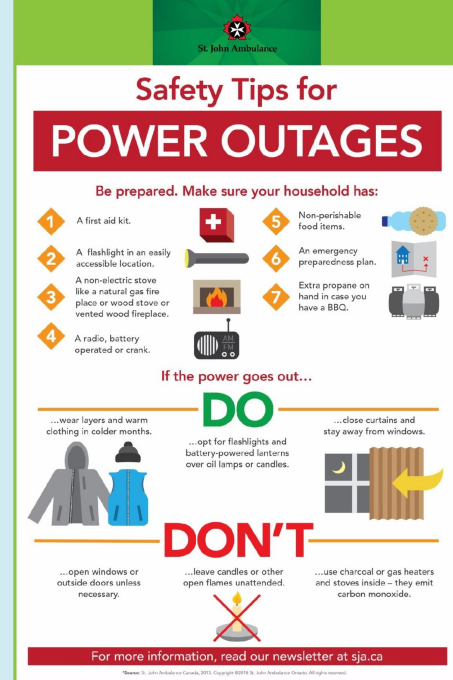
WHEN THE LIGHTS GO OUT

How can you cope should you be without power for hours, or even days, while the

authorities try to restore power to your area?

St. John's Ambulance put together an infographic of tips you need so you don't need to stay in the dark when it comes to power outage safety.

(click infographic to enlarge or download)



Preventing Violence and Harassment in Canadian Workplaces

"Approximately one in five violent incidents in Canada occurs at work, often leading to injuries and lost-time injury claims."

The report is now available which shares research on workplace violence and harassment conducted by PSHSA on behalf of the CSA Group.

The purpose of this research was to identify the extent of workplace violence and harassment across Canada, the availability of guidance resources, gaps in effective prevention and mitigation strategies, and the need for national standards or additional guidance.

Read or download the report [HERE](#)



How workplace fitness can improve employee productivity

"No matter the size of a business, nothing affects the bottom line more than declining employee productivity...To optimize effectiveness through fitness and wellness, here are some suggestions to move in the right direction."



Click [HERE](#) for article from Benefits Canada



IHSA 2-MINUTE NEWS



FEATURING:

- IHSA Safety Talk: 3-point contact—Ladders
- Be prepared for the personal protective equipment inspection sector blitz
- Training spotlight: Entry Level Construction
- Product spotlight: M070—Low-Slope Roofing Health and Safety Manual
- Product spotlight: M075—Safe Work Practices for the Aggregates Industry
- Training spotlight: Lift Truck Operator - 1 Day
- 2020 PLTN apprenticeship dates now available

Click [HERE](#) for 2-Minute News



Construction company embraces frank talk about mental health to reduce suicide



"Construction and mining...have the highest suicide rates of all occupations, according to data from the Centers for Disease Control and Prevention. And the suicide rate for working-age adults has been rising in the U.S., increasing by 34% to 17.3 suicides per 100,000 in 2015 from 12.9 in 2012."

Click [HERE](#) for article from Construction Links Network



Nomination Deadline for OGCA Safety Award: February 1

Nominations are due by February 1, 2020 for the 2019 Doug Chalmers Award for Safety. This award has been presented since 2008 when it was awarded to Mr. Chalmers. Since then, several prestigious people have won the award, including Dan Padden, Roy O'Rourke, Mike & Fern Moore, Mike Archambault, Steven Mahoney, IHSA, Blair Chalmers, Craig Lesurf, Dan Fleming and Elizabeth Witmer.

If you, or someone you know, is deserving of this award, please submit the nomination form by February 1st to Elizabeth@ogca.ca

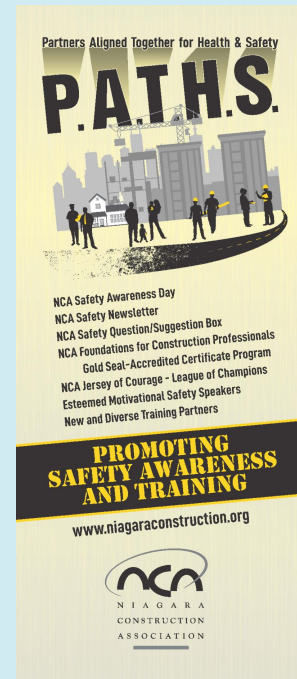
Download the form [HERE](#).



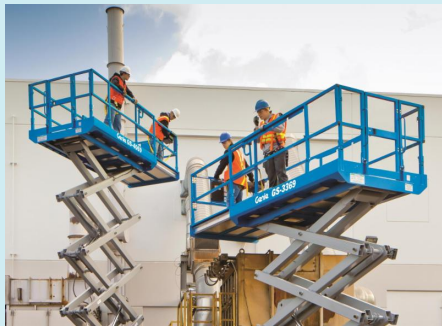
NCA P.A.T.H.S.

PARTNERS ALIGNED TOGETHER FOR HEALTH AND SAFETY

NCA has made safety awareness a primary initiative for our Association. We have recently launched our [PATHS initiative](#), [Partners Aligned Together for Health and Safety](#), formally making a stronger commitment to safety awareness and training.



H&S Training at the NCA



Elevating Work Platform (Scissor & Articulating) Training
Details [here](#)



Forklift Training
Details [here](#)

STANDARD FIRST AID & CPR 2-DAY TRAINING



Standard First Aid & CPR
2-Day Training
January 30 & 31
Details [here](#)



Working at Heights Training Schedule
Full 8-4 and Refresher from 12-4
Course dates:
More information [Click Here.](#)

INJURED WORKER? SUCCESSFUL WSIB OUTCOMES FOR CONSTRUCTION WORKPLACE INDUSTRY CLAIMS



Wednesday, February 26, 2020
8:30 am - 4:30 pm
* 1 Gold Seal Credit *Lunch is provided
\$250 (+HST) Members/\$300 (+HST) Non-members

Injured Worker?
Successful WSIB outcomes for
construction workplace industry claims
February 26
Learn more [here](#)



NCA BREAKFAST INFORMATION SESSION

Overview of the COR™ program

Tuesday, February 11, 2020
Registration: 8:45 am/Presentation: 9:00 to 11:00 am
Location: NCA Classroom, 34 Scott Street West, St. Catharines, ON
Cost per person: Members \$20 +HST | Non-Members \$25 +HST
(includes continental breakfast)

NCA Breakfast Information Session -
Overview of the COR™ program
February 11
Details [here](#)



Joint Health & Safety Committee
Part 1 & Part 2 - Winter [Dates](#)
Call for information 905-682-6661

Sign Up Today!

GO *for* GOLD

Gain a Competitive Edge in the
Industry. Showcase Your Potential.



Get Gold Seal Certified

Take a moment to read some amazing Gold Seal success stories [here](#).

Visit [Gold Seal site](#) for more information.



| | | |
|--|---|--|
| DEC 9/16 WSIB "NEW" Health & Safety Program info Sessions | DEC 12/13 Standard Two-Day First Aid and CPR | DEC 20 Forklift Training Course |
| DEC 30 Elevated Work Platform (Scissor & Articulating) Training Course | ONLINE TRAINING | JAN 13 Prompt Payment & the Mechanics of Construction Adjudication |
| JAN 29 Microsoft Excel Mastery Training Course | CALL US OR VISIT OUR WEBSITE FOR: JHSC & WORKING AT HEIGHTS (Full & Refresher) SCHEDULE | FEB 11 Overview of the COR Program Breakfast Session |

UPCOMING training courses
www.niagaraconstruction.org
905-682-6661

Upcoming NCA Educational & Training Courses

Training Recap: [click here](#)

Check out our online training courses

[Click Here!](#)



Ontario



What's New - [DECEMBER 2019](#)

Ministry of Labour, Training & Skilled Trades [NEWSROOM](#)

Stay up to date with the latest industry safety news and training by clicking [here](#).

*Occupational Health and Safety Links and QR codes - [Click Here](#)

Check out this valuable resource by clicking [here](#).

Check out this valuable resource by clicking [here](#).

Click [Here](#) for WSIB Newsletter

And subscribe to their [newsletter!](#)

Compare health and safety statistics for businesses across the province [here](#).



Helpful Information:

FREE AODA training modules!

These cover the requirements for providing employment in ways that are accessible to people with disabilities. Watch it, read it, hear it or present it. [Click Here](#)



What can an effective Respectful and Inclusive Workplace Program deliver?

- **Become an employer of choice** – attract, retain, and advance top talent from all sources of labour
- **Unlock collaboration and innovation** – create high-performing teams through diversity of thought and experience
- **Build your brand** – your organization will gain a competitive edge as a leader and innovator



Your blueprint for success!

The BuildForce Canada Respectful Workplace Online Assessment Tool

RELEASE DATE - NOV. 7, 2018

The Respectful Workplace Assessment Tool allows organization leadership to assess their progress toward a Respectful and Inclusive Workplace and benchmark their progress confidentially against other construction organizations.

The BuildForce Canada Online Respectful and Inclusive Workplace Toolkit -

See what you can do to ensure that leaders/managers and supervisors are knowledgeable (and continue to learn) about respectful and inclusive workplaces. Check out the latest blog: [Click Here](#)

Also now available:

- Confined Space Safety Awareness
- Pipeline Construction Safety Training

Contact our Office for [DETAILS](#) and to register: 905-682-6661



[Visit the NCA website](#)